

# MATTHEW 25 AND PARISH HEALTH

## List and a brief explanation of each ministry opportunity:

ACERT: help in time of disaster in the Ankeny area  
ADOPT-A-FAMILY: assist a family at Christmas time  
ADULT MISSION TRIPS: Katrina and Iowa Floods etc.  
ALZHEIMERS SUPPORT GROUP: to be developed  
ANGEL TREE: help individual during holidays  
BACK TO SCHOOL HEALTH FAIR: school supplies for inner city  
BLOOD DRIVE: support those in need of transfusions  
BLOOD PRESSURES: willing to take BP at special events  
BREAD FOR THE WORLD: advocate hunger relief  
BREAST CANCER HUSBANDS: to be developed  
CANCER SUPPORT GROUP: anyone dealing with ca  
CELEBRATE LIFE: event for the community for cancer survivors  
COATS FOR THE COLD: buy coats for those in need  
COMMUNICATIONS MINISTRY TEAM: assist with publicity  
DELIVERY DRIVERS: bring soup, flowers etc.  
DIVORCE SUPPORT GROUP: to be developed  
EARTH STEWARDSHIP: 2 workdays restoring our earth  
EMERGENCY CHILD CARE: support for families in stressful situations  
FOOD PANTRY: collect food for needy  
FOOD TO HELP: cook and deliver a meal in time of stress  
FRIEND IN DEED: support someone frail  
FRUIT BASKETS: make and deliver fruit baskets in Nov.  
FUNERAL COMMITTEE: serve meal following funerals  
GIFT OF LIFE AND HOPE: class for end of life concerns  
GRIEF SUPPORT: come together for healing after loss  
HABITAT FOR HUMANITY: build home for someone in need  
HEALING ASSISTANTS: help with healing services  
HEALTH CABINET: support congregation in health concerns  
HOLY FLOATERS: small group of kayakers  
HUNGER HIKE: raise money and awareness for hunger  
INFERTILITY SUPPORT: self explanatory  
MATTHEW 25 MINISTRY TEAM: ADVISORY group for all projects  
MILITARY SUPPORT: uphold families and soldiers  
MISSION FESTIVAL: raise awareness of other cultures  
NEW BABY VISITS: deliver gift to each family  
NURSING HOME TEAMS: visit each nursing facility to be developed  
OUTDOOR WOMEN'S TRIPS: build skills and fellowship  
PINK RIBBON MINISTRY: breast cancer support  
PRAYER CHAIN: an email prayer chain  
PRAYER SHAWLS: gift of love for those in need  
PROM: support for low income and handicapped  
PROJECT FRESH START: help Ankeny kids-school supplies  
RACE FOR THE CURE: raise awareness and money for cancer  
REBUILD TOGETHER: improve homes for needy  
RESPIRE CARE: give support to caregivers  
SPOUSAL GRIEF SUPPORT: offer assistance following death  
SUICIDE AND TRAGIC DEATH SUPPORT: working with Victims  
SYNOD COMPANIONS: build relationships with Usangi Parish  
TEDDY BEARS FOR COPS: work with quilters to develop  
THANKSGIVING DAY DINNER: gathering for any member  
TRANSPORTATION: drive for medical appointments  
VISITATION TEAM FOR EMERGENCY CONCERNS; develop  
VBS FIRST AIDE: handle any medical needs  
WIC: provide assistance to mothers and children